

# Sweet and Sour Chicken

Recipe courtesy of Company's Coming

momlogic.com

## Ingredients:

- 2 tablespoons ketchup
- 1 cup water
- 1/2 cup white vinegar
- 1 tablespoon soy sauce
- 1 cup brown sugar, packed
- 1 1/2 pounds boneless, skinless chicken breasts
- 2 tablespoons cornstarch
- 2 tablespoons water

## Directions:

Combine first five ingredients in 3 1/2 quart slow cooker. Stir. Add chicken. Stir. Cover. Cook on low for 6 to 8 hours or on high for 3 to 4 hours.

Combine cornstarch and second amount of water in small bowl. Stir into slow cooker. Cook on high, stirring often, for 15 to 20 minutes until thickened. For faster cooking, pour into saucepan and heat on stove, stirring often, until thickened. Serves 6.