

# momlogic

## thanksgiving meal grocery list

Courtesy of [www.flylady.net](http://www.flylady.net)

### sample menu .....

Simple Roast Turkey & Pan Gravy  
Stuffing  
Orange Cranberry Sauce  
Mashed Potatoes  
Oven Roasted Sweet Potatoes and Onions  
Sauteed Green Beans with Nutmeg  
Rolls and Butter  
Pumpkin Cheesecake

### meat .....

1 14- to 16-pound turkey, fresh or frozen (your choice)  
1 pound bulk breakfast sausage (I use Farmer John links with no casings)

### condiments .....

Olive oil

### produce .....

1 large onion  
4 medium red onions  
1 bunch carrots  
1 bunch celery  
1 green apple (small)  
1 bunch parsley  
12 nice sized russet potatoes  
Fresh green beans (12 good handfuls)  
8 medium sweet potatoes  
1 pound bag fresh cranberries

### spices .....

Thyme  
Poultry seasoning

White pepper  
Sage  
Nutmeg  
Lemon pepper  
Ground cinnamon  
Ground ginger  
Pure vanilla extract

**conned goods** .....

1 or 2 (14.75 oz.) cans chicken broth (or more for back up)  
1 (16 oz.) can pumpkin puree

**dried goods** .....

Flour  
Sugar (have at least 2 pounds on hand for baking, cranberries and coffee, etc.)  
Coffee for dessert  
1 box Stuffing Mix (NOT the cornbread kind)  
1 envelope of turkey gravy mix  
1 box gingersnaps

**dairy** .....

2 pounds unsalted butter (freeze any remaining)  
Whipping cream (you need 3/4 cup)  
Half and half for coffee  
Milk (you will need milk one cup for making potatoes)  
Orange juice (you need one cup)  
3 (8 oz.) packages of cream cheese  
4 eggs

**conned goods** .....

1 dozen rolls