

- **Start a neighborhood meal swap.** You each cook on designated nights for each other's family. For instance, if you start a meal swap with two other moms, you'll cook Mondays and Tuesdays, Mom #2 cooks Wednesdays and Thursdays, and Mom #3 cooks Fridays and Saturdays.
- **Host a clothes-swapping party.** Freshen up your wardrobe for free. You can also start a kids' clothing swap -- ideal for back to school.
- **Start a babysitting co-op with neighbors.** You babysit one night, a friend babysits the next. Some neighborhood babysitting co-ops even operate on a points system.
- **Get fit by starting a neighborhood walk party.** You watch the kids one night while your neighbors walk, and they watch your kids another night while you walk. This is a great way to get in shape -- and maybe even get some much-needed alone time with your spouse -- without any hefty gym fees!
- **Shop with a pal.** Tag-team warehouse stores like Costco or Sam's Club with a gal pal and split bulk items to save money.
- **Get a Date Night babysitter -- for free.** Strengthen your relationship and boost your bond by swapping Date Night babysitting services with friends or neighbors.
- **Start a summer camp on a shoestring.** Enlist four other moms to start a "summer camp" with you -- each of you takes the kids one day a week. Your kids will get to be with their friends, and you'll save money, too!

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