

De-Pudged Pigs in a Blanket

Recipe courtesy of *Hungry Girl*

momlogic.com

Ingredients:

- 1 fat-free (or nearly fat-free) hot dog (like the ones by Oscar Mayer, Hebrew National and Ball Park)
- 1 portion Pillsbury Reduced Fat Crescent Roll dough

Directions:

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Preheat oven to 375 degrees. Cut hot dog into 4 even pieces. Stretch or roll out the triangle-shaped dough slightly, to make it a larger triangle. Cut dough into 4 long, narrow triangles. Beginning at the base of each triangle, roll a piece of the hot dog up in the dough until the point of each triangle wraps around the center. Place dogs on an un-greased baking pan and cook for about 12 minutes (until dough appears slightly browned and crispy). Enjoy!

Serving Size: 4 pieces (entire recipe)

Calories: 135

Fat: 5g