

Tuesday Lunch Menu

Kick up the energy with this healthy carbohydrate packed lunch. I will throw organic frozen bean and cheese burritos in the oven while I am making breakfast. Wrap them in aluminum foil -- and away we go! My kids also like sprinkled cinnamon on their apples or almond butter to dip them in.

- Organic bean and cheese burrito
- Sliced apples
- Cherry tomatoes

momlogic