

Taco-Tastic Taco Salad

Recipe courtesy of Hungry Girl

momlogic

3 cups chopped romaine lettuce

1/2 package Boca Meatless Chili (or about 2/3 cup of another low-fat veggie chili**)

1/4 cup chopped tomato

1/4 cup shredded fat-free cheddar cheese

2 tbsp. fat-free sour cream

1 tbsp. chopped or sliced black olives

6 Guiltless Gourmet Tortilla Chips (any flavor -- or any other baked tortilla chips**), crushed

Prepare chili as directed on package. Place lettuce in a big bowl. Top with tomatoes, chili and cheese. Then add the olives and sour cream. Finish off with the crushed tortilla chips, and enjoy! MAKES 1 SERVING

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